

Acute Management of Injury and Illness Course Submission and Approval Guidelines

The board-certified clinical specialist in sports physical therapy is required to have working knowledge and skill in the acute management of injury and illness. This knowledge and skill may be obtained through a number of courses and methods approved by the Sports Specialty Council of the American Board of Physical Therapy Specialties. The specific guidelines are available in the APTA Specialist Certification Candidate Guide.

The Sports Specialty Council welcomes the addition of other courses to enable physical therapists to meet knowledge and skill requirements in acute management of injury and illness related to sports injuries. The requirements and the content area for courses developed and submitted for approval are as follows:

Requirements – Initial Certification Course

- Minimum course duration is 14 hours; must include a minimum of seven hours of face-to-face instruction with inclusion of hands-on learning activities.
- Course must include both didactic and clinical instruction and testing.
- Didactic material may be presented online, in-person, or in a hybrid model.

Requirements – MOSC Period Renewal Course (three years)

- Course must be no fewer than seven hours in duration.
- Course may be presented online, in-person, or in a hybrid model.

Content – Courses

At minimum, courses must include but are not limited to the following areas.

- Emergency management systems – emergency action plan and EMS support.
- Legal issues concerning physical therapist management of acute injury.
- Disease transmission.
- Primary and secondary assessment.
- Chain of survival and cardio-respiratory emergencies.
 - Airway emergencies and oxygen administration.
 - CPR and AEDs.
- Management of anaphylaxis by EpiPen or other means.
- Etiology, incidence, and management of:
 - Wound management and bleeding.

- Head and neck injuries:
 - Concussion.
 - Cervical, thoracic and lumbar spine injuries:
 - Equipment removal.
 - Immobilization and transport.
- Chest, thorax, and internal injuries.
- Facial, ocular, and dental injuries.
- Extremity injuries:
 - Fractures and dislocation.
 - Immobilization, reduction, and transport.

Council Review

To meet the requirements for acute management of injury and illness, courses that are not on the approved course list published in the most current APTA Specialist Certification Candidate Guide may be submitted for review either by the provider or the individual applicant. The following materials must be presented to the council for review:

- Course description.
- Faculty.
- Learning objectives and method of teaching (didactic/in person/hybrid).
- Schedule and length of course.
- Outline of topics presented.
- Assessment method.

Credits, Continuing Education Units/Continuing Competence Units

- CEUs/CCUs must be offered for the course to be considered.
- Credits must include appropriate hours granted by a university, college, or other certified educational agency.
- CEUs or CCUs must be approved by an organization that is nationally recognized (APTA, NATA, ACSM, AOSSM, AMSSM, CME, etc.) or by the state that the applicant practices in.

Review Form

The attached form must be completed and submitted for review to the ABPTS Office – Attention Sports Physical Therapy.

Last Updated: 1/24/2023
Contact: ianhunter@apta.org

ABPTS Sports Clinical Specialization – Acute Management of Injury and Illness (AMII) Course Submission

Course Title					Intended Audience (PT, OT, ATC, ETC)	
Overall Course Overview and Description						
Course Objectives (Insert Rows as Necessary)						
Objective #1						
Objective #2						
Objective #3						
Objective #4						
Objective #5						
Objective #6						
Didactic/Lecture/On-Line Course Schedule/Content						
Topic Title	Time (Min)	Faculty Name and Credentials	Teaching Method (Online, In Person) List all used	Check if for Initial, MOSC, or Both		Assessment Method (Verbal, Written) List all methods
				Initial AMII	MOSC AMII	
Total Time (1 CEU or CCU/Hour)						
Practical/Laboratory Course Content						
Topic Title	Time (Min)	Faculty Name and Credentials	Teaching Method (Online, In Person) List all used	Check if for Initial, MOSC, or Both		Assessment Method (Verbal, Written) List all methods
				Initial AMII	MOSC AMII	
Total Time (1 CEU or CCU/Hour)						

Speaker Bio: Courses seeking ABPTS SCS approval for AMII should include a short bio on speakers here. Individuals who are seeking to know if a course is acceptable should submit as much information as possible about the speaker.

Name and Credentials	Short Bio of Speaker (Insert rows as necessary)

Criteria for Assessment: Provide a brief description about how achievement of learning objectives will be detailed to determine passing and achievement of certificate of passing/mastery of material.

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